

Health Resources and Services Administration
Office of Intergovernmental and External Affairs

LGBTQIA+ Behavioral Health Town Hall
Resources Guide

DISCLAIMER

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Federal Resources

Health Resources and Services Administration

<https://www.hrsa.gov/behavioral-health/mental-health-resources-lgbtqi-plus>

HRSA-specific resources for the LGBTQIA+ population including but not limited to funding, technical assistance, and webinars.

Substance Abuse and Mental Health Services Administration (SAMHSA)

<https://www.samhsa.gov/behavioral-health-equity/lgbtqi>

Resources on the LGBTQIA+ population include national survey reports, agency and federal initiatives, and related behavioral health resources provided by SAMHSA.

Center for Disease Control and Prevention (CDC)

<https://www.cdc.gov/lgbthealth/index.htm>

CDC page related to Lesbian, Gay, Bisexual, and Transgender Health with additional links to data, information, and resources for community partners, health and education professionals, and researchers.

Indian Health Services (IHS)

<https://www.ihs.gov/lgbt/>

The Indian Health Service (IHS) works to ensure that Lesbian, Gay, Bisexual, Transgender, Questioning and Two-Spirit (LGBTQ-2S) American Indian and Alaska Native (AI/AN) individuals and their families receive equal access to health services in the communities where they live. IHS carries out this work by providing resources for health issues, developing information regarding health needs, and working to close the health disparities gap, including for Native LGBTQ-Two-Spirit people.

U.S. Department of Health & Human Services (HHS)

<https://www.hhs.gov/programs/topic-sites/lgbtqi/index.html>

HHS works to ensure that LGBTQIA+ people, their families, and communities receive equal access to health services by providing enhanced resources for LGBTQIA+ health issues; developing information regarding LGBTQIA+ health needs; and working to close the LGBTQIA+ health disparities gap.

Continued Education

The National LGBTQIA+ Health Education Center

<https://www.LGBTQIA+healtheducation.org/>

The National LGBTQIA+ Health Education Center provides educational programs, training and technical assistance resources, and consultation to health care organizations including health centers with the goal of optimizing quality, cost-effective health care for lesbian, gay, bisexual, and transgender (LGBTQIA+) people.



The Center of Excellence on LGBTQIA+ Behavioral Health Equity

<https://LGBTQIA+equity.org/>

The Center of Excellence on LGBTQIA+ Behavioral Health Equity provides behavioral health practitioners with vital information to support people identifying as lesbian, gay, bisexual, transgender, queer, questioning, intersex, two-spirit, and other diverse sexual orientations, gender identities and expressions.

Through training, coaching, and technical assistance the Center implements change strategies within mental health and substance use disorder treatment systems to address disparities effecting LGBTQIA+ people across all stages of life.

Provider Directories/Referral Services

The Association of LGBTQIA+ Psychiatrists

<http://www.aglp.org/>

The Association of LGBTQIA+ Psychiatrists provides education, advocacy, and referrals, including a database of LGBTQIA+ friendly psychiatrists that are members of the association. The organization works closely with the American Psychiatric Association but are independent from them.

They strive to be a community for the personal and professional growth of all LGBTQIA+ Psychiatrists and expertise on LGBTQIA+ mental health issues.

National Queer & Trans Therapists of Color Network

<https://nqttn.com/en/>

The National Queer and Trans Therapists of Color Network is an organization committed to transforming mental health for queer and trans people of color (QTPOC). The organization works at the intersection of movements for social justice and the field of mental health. Their goal is to increase access to resources for QTPOC.

The Gay and Lesbian Medical Association's (GLMA) Provider Directory

<https://www.glma.org/index.cfm?fuseaction=Page.viewPage&pageId=939&grandparentID=534&parentID=938&nodeID=1>

The GLMA offers a search tool that can locate LGBTQIA+ inclusive health care providers.

National Organizations, Hotlines, and Resources

The Trevor Project

<https://www.thetrevorproject.org/>

The Trevor Project offers 24/7 access to trained counselors and suicide prevention for LGBTQIA+ youth via phone, text or chat, educational resources, as well as the opportunity to connect with LGBTQIA+ youth from around the world.

LGBT National Help Center

<https://lgbthotline.org/>

The LGBT National Help Center provides free, confidential peer-support, information, and local resources and more to callers of all ages in the LGBTQ+ community.

LGBTQ+ Domestic Abuse Hotline

<https://www.thehotline.org/>

The National Domestic Violence Hotline provides essential tools and support, 24 hours a day, seven days a week, 365 days a year, to help survivors of domestic violence. The Hotline provides highly trained, expert advocates that offer free, confidential support, crisis intervention information, education, and referral services in over 200 languages.

The National Center for Transgender Equality

<https://transequality.org/>

The National Center for Transgender Equality provides resources on understanding and supporting trans people, as well as self-help guides on ID documents, health coverage, legal resources, and knowing your rights.

Trans Lifeline

<https://translifeline.org/>

Trans Lifeline is a trans-led organization that connects trans people to the community, support, and resources.

The Association of Lesbian, Gay, Bisexual, Transgender Addiction Professionals and Their Allies

<https://nalgap.org/>

The Association of Lesbian, Gay, Bisexual, Transgender Addiction Professionals and Their Allies is a membership organization founded in 1979 and dedicated to the prevention and treatment of alcoholism, substance abuse, and other addictions in lesbian, gay, bisexual, transgender, queer communities.

Society for Sexual, Affectional, Intersex, and Gender Expansive Identities (SAIGE)

<https://saigecounseling.org/>

SAIGE is a division of the American Counseling Association (ACA). SAIGE focuses on building competence for counseling professionals and mental health specialists. They connect and work closely with ACA to promote multicultural competence and social justice. They also deliver educational and support resources for LGBTQIA+ individuals, and advocate for LGBTQIA+ clients in communities, mental health systems, and public policy.

Depression Looks Like Me

<https://www.depressionlookslikeme.com/>

A platform for shared stories from LGBTQIA+ people living with depressions. The site includes patient experiences with hard-to-treat forms of depression and treatments that worked for them.

National Alliance on Mental Illness (NAMI)

<https://www.nami.org/Your-Journey/Identity-and-Cultural-Dimensions/LGBTQI>

The National Alliance on Mental Illness is an alliance of more than 600 local Affiliates and 49 state organizations who work to raise awareness and provide support and education. This page specifically addresses LGBTQI identities and mental and behavioral health.

National Coalition for LGBTQ Health

<https://healthlgbtq.org/>

The National Coalition for LGBTQ Health works to improve the health and well-being of lesbian, gay, bisexual, and transgender individuals through federal and local advocacy, education, and research. The Coalition addresses individuals of every sexual orientation, gender, gender identity, race, ethnicity, and age regardless of disability, income, education, and geography.

The National Resource Center on LGBTQ+ Aging

<https://www.lgbtagingcenter.org/>

The National Resource Center on LGBTQ+ Aging is a technical assistance resource center focused on improving the quality of services and supports offered to lesbian, gay, bisexual and/or transgender older adults, their families and caregivers.

CenterLink, The Community of LGBTQ Centers

<https://www.lgbtcenters.org/>

CenterLink is an international nonprofit organization and member-based association of LGBTQ centers and other LGBTQ organizations serving their local and regional communities. CenterLink's mission is to strengthen, support, and connect LGBTQ community centers.

LGBT HealthLink: The Network for Health Equity

<https://www.lgbthealthlink.org/>

LGBT HealthLink, a program of CenterLink, is a community-driven national network of experts and professionals enhancing LGBT health by reducing health disparities within LGBT communities. LGBT HealthLink provides capacity building to support and link LGBT community-based organizations and public health systems to work collaboratively to improve health in LGBT communities.

National LGBT Cancer Network

<https://cancer-network.org/>

The National LGBT Cancer Network works to improve the lives of LGBT cancer survivors and those at risk for cancer. The organization educates the LGBT community about increased cancer risks and the importance of screening and early detection;



trains health care providers to offer culturally competent care; and advocates for LGBT survivors in mainstream cancer organizations, the media and research.

PFLAG

<https://pflag.org/>

PFLAG is an organization dedicated to supporting, educating, and advocating for LGBTQ+ people and their families. PFLAG's network of hundreds of chapters and more than 325,000 members and supporters works to create a caring, just, and affirming world for LGBTQ+ people.

GLSEN

<https://www.glsen.org/>

GLSEN's mission is to ensure that every member of every school community is valued and respected regardless of sexual orientation, gender identity or gender expression.

Bisexual Resource Center

<https://biresource.org/>

The Bisexual Resource Center works to connect the bi+ community and help its members thrive through resources and support.

interACT Resources Page for Intersex Support and Advocacy Groups

<https://interactadvocates.org/resources/intersex-organizations/>

This page contains links to organizations and groups across the world working with and supporting intersex individuals.

State-Specific Resources

New York

Apicha Community Health Center

<https://www.apicha.org/en/home>

(212) 334-6029

400 Broadway, New York, NY 10013

Callen-Lorde Health Center

<https://callen-lorde.org/about/>

Callen-Lorde Community Health Center provides sensitive, quality health care and related services for New York's lesbian, gay, bisexual, and transgender communities, regardless of ability to pay. Callen-Lorde promotes health education and wellness, and advocates for LGBTQ health issues.



Lighthouse NYC

<https://www.lighthouse.lgbt/>

Lighthouse NYC is a group of New York City-based health care providers committed to caring for LGBTQ+ patients and specializing in LGBTQ+ health issues.

New York City Anti-Violence Project

<https://avp.org/>

New York City Anti-Violence Project empowers lesbian, gay, bisexual, transgender, queer, and HIV-affected communities and partners to end all forms of violence through organizing and education, and supports survivors through counseling and advocacy.

New York City Comptroller LGBTQ+ Guide

<https://comptroller.nyc.gov/lgbtq/>

The LGBTQ+ Guide of Services and Resources is a comprehensive directory of LGBTQ+ resources and services in New York City.

New York State Office of Children and Family Services – Resources for LGBTQ+ Youth

<https://ocfs.ny.gov/programs/youth/lgbtq/resources-youth.php>

Comprehensive list of resources for LGBTQ+ Youth in New York State, including but not limited to, legal services, foster services, and mental health services.

Texas

Legacy Community Health Center

<https://www.legacycommunityhealth.org/>

(832) 548-5000

1415 California St, Houston, TX 77006

Transgender Education Network of Texas (TENT)

<https://www.transtexas.org/resources>

TENT is an organization dedicated to furthering gender-diverse equality in Texas. TENT works to accomplish this through education and networking in both public and private forums, and through social, legislative, and corporate education.

Texas Transgender Alliance Resource Guide

<https://nrg.e-compas.com/TXTA/>

The Texas Transgender Alliance Resource Guide is an interactive map for exploring resources across the state.

Gender Infinity

<https://genderinfinity.org/>

Gender Infinity works to advance connections among trans community members, families, providers, and allies in the southern part of the United States. Gender Infinity relies on a network of volunteers to produce the annual Conference, Family Gatherings and Camp.

Texas Health Action (THA)

<https://texashealthaction.org/>

Texas Health Action is a community-informed 501(c)(3) non-profit organization that provides access to culturally-affirming, quality health services in a safe and supportive environment with expertise in serving LGBTQIA+ people and people impacted by HIV.

California

San Francisco Community Health

<https://sfcommunityhealth.org/>

(415) 292-3400

730 Polk St, San Francisco, CA 94109

Transgender Law Center

<https://transgenderlawcenter.org/>

The Transgender Law Center is a trans-specific, trans-led organization that works to protect and advance the rights of transgender and gender nonconforming people in California and across the country.

Rainbow Community Center

<https://www.rainbowcc.org/>

The Rainbow Community Center, established in 1995, offers mental health services, support groups, mentoring, a food pantry, houseless transitional youth programs, HIV testing and education, older adult programs, and professional development opportunities to the LGBTQIA+ community and its allies.

Radiant Health Centers

<https://www.radianthealthcenters.org/>

Radiant Health Centers, based in Orange County, California, provides the LGBTQ+ community medical services to serve those living with by HIV. In addition to health care services, they provide counseling and social services with a focus on the LGBTQIA+ community.



211 LA

<https://www.211la.org/lgbtq>

211 LA is an organization that offers the LGBTQ+ Communities of Los Angeles County access to free and low-cost health and social services information and referrals. They connect people in need to shelter, health care services, legal services, rental and food assistance and more. They also provide a digital toolkit for social media, email, and print materials that can be ordered through their website.