

Oregon State University, Counseling & Psychological Services (CAPS)

Doctoral Internship in Health Service Psychology – Sport Psychology Area-of-Emphasis (AOE)

Sport Psychology AOE Overview

Oregon State University CAPS, in collaboration with Oregon State University Athletics/CHAMPS (see CHAMPS description below), offers a Sport Psychology Area-of-Emphasis (AOE), a specialty rotation within the framework of the generalist training experience doctoral interns receive at CAPS.

The Sport Psychology AOE provides doctoral interns opportunities to receive training and applied experience in the provision of mental health, performance enhancement, outreach, and consultation services to collegiate student-athletes participating at the NCAA Division I level. The Sport Psychology AOE is designed to help doctoral interns develop the necessary knowledge and skills to provide ethical, competent, and evidenced-based counseling services to student-athletes. In line with the values of CAPS and goals of the training program, emphasis is placed on multicultural competency and awareness in serving diverse student-athlete populations. In addition to clinical training and experience, the Sport Psychology AOE aims to promote professional development through supervision and trainings with the intention of preparing doctoral interns for employment in university counseling center and collegiate athletic department settings.

The Sport Psychology AOE is clinically supervised by the Associate Athletic Director, Sport Psychology Services and/or the Assistant Director of Sport Psychology Services. The opportunity to accrue mentored experience hours toward the Certified Mental Performance Consultant® credential as administered by the Association for Applied Sport Psychology is available.

Sport Psychology AOE Duties

CAPS subscribes to a developmental model of training. Accordingly, clinical service activities available within the Sport Psychology AOE are matched to the developmental level of each doctoral intern with increasing autonomy and responsibility as the trainee advances. Clinical service opportunities available within the Sport Psychology AOE may include: individual counseling sessions, group counseling sessions, outreach programming, team interventions, multidisciplinary treatment team consultation, drop-in hours, and design/facilitation of an athletics-focused Mental Health Promotion project. The Sport Psychology AOE doctoral intern spends two days weekly embedded with Oregon State University Athletics holding office hours inside the CHAMPS suite at Gill Coliseum.

About CHAMPS

CHAMPS (Counseling, Holistic Advancement, and Mental Performance Services) provides a broad range of psychological services to Oregon State University student-athletes and teams. These services are designed to promote student-athlete mental health, holistic wellness, academic achievement, and athletic excellence. CHAMPS is committed to providing comprehensive, accessible, time-effective, and culturally informed mental health care that is guided by established best practices for student-athletes.

CHAMPS is a unit of Oregon State University Athletics – Sports Medicine and maintains a collaborative working relationship with CAPS. This collaboration includes administrative support, clinical training, consultation, marketing, and shared confidential record keeping.

CHAMPS is comprised of two full-time licensed psychologists, one full-time Postdoctoral Fellow, one Sport Psychology AOE doctoral intern, and one Practicum Therapist.

For additional information, please contact:

Ozge Akcali, Ph.D. | Director of Training | ozge.akcali@oregonstate.edu

Fernando Frias, Psy.D., CMPC | Associate Athletic Director, Sport Psychology Services | fernando.frias@oregonstate.edu